



WOUND CARE:
 3. Rinse wound with saline or soap and water. Gently pat dry

WOUND CARE:
 4. Apply antibiotic ointment



WOUND CARE:
 5. Put sterile dressing on wound and cover with rolled gauze. Change dressing as needed to keep clean and dry.



WOUND CARE:
 2. Check wound for infection, redness, swelling, warmth, colored streaks, and foul odor. See healthcare provider if concerned.



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WOUND CARE
 1. Wash your hands

Harm reduction/needle exchange
 Casa De Salud - Albq
 505-907-8311
 Mountain Center - Rio Arriba
 505-901-9020
Narcan anywhere in NM
 505-270-5943
NM Crisis Hotlines 24/7
 crisis line: (855) 662-7474
 warm line: (855) 466-7100



How to Use Drugs Safely - To avoid infection, use new needles and materials like filters and cookers.
 2. **DO NOT** inject through or near existing wounds.
 3. **Get Naloxone** - It's the only medicine that can stop an opioid OD.
 4. **Don't use alone**- You can't give yourself naloxone if you OD. Make sure someone is with you and can call 911 in an emergency.



Safer Drug Use and Wound Care

NM Integrative Wellness Medical Reserve Corps

www.phanm.org