NM IW MRC Jump Kit

**Make up your Jump Kit for Deployment**

Needles for 30 treatments

Seeds for 30 treatments

Alcohol wipes

Hand sanitizer

Small sharps container

Plastic-lined coffee bag for trash.

Headlamp or flashlight

Hair ties

Gloves, cotton balls, Q-tips

Paper towels – clean field

Magnet wand

Tweezers

Apron

Pen and clip board

Music – tape player – cell phone – solar charger for phone

Self-care handout, Rx and Consent forms

Self care (snacks, mints, tissue, lozenges, glasses)

DUCT TAPE!!